

Gazette

SEPTEMBER • 2024

PERSON CENTERED NEWSLETTER PRODUCED BY ST. MADELEINE SOPHIE'S CENTER STUDENTS

Edited in the Theresa & Edward O'Toole Foundation Adaptive Computer Learning Center

Nameplate Art © Tina Hendricks 2017



- 2 LABOR DAY: BY JENNIFER CATREN
- 3 MATTHEW SOARES / SENIOR BUILDING CONSTRUCTION UPDATE
- 4 OUR RIGHTS: BY CALI WILLIAMS
- 5 2024 HAUTE WITH HEART STUDENT SHOWCASE
- 5 BIG KUDOS: BY COLEEN BAUCOM & CALI WILLIAMS
- 6 CULTURAL CORNER: NATIONAL HISPANIC HERITAGE MONTH / ARTIST CARMEN HERRERA
- 7 EVENTS: 20TH ANNUAL PASSAGEWAYS / TABLE MANNERS
- 9 EVENTS: 13TH ANNUAL ALLEY CAT ART WALK
- 10 EVENTS: OKTOBERFEST EL CAJON GERMAN CLUB
- 11 MONTHLY GIVING
- 12 SEPTEMBER BIRTHDAYS
- 13 SEPTEMBER LUNCH MENU
- 14 NEW JEWELRY DONATION / WE ARE HIRING



St. Madeleine Sophie's Center
is **CLOSED** ←

Monday, September 2, 2024
for

Labor Day Holiday



Workers of the World Unite

By: Jennifer Catren

Labor Day is a federal holiday in the United States that is celebrated on the first Monday of September to honor and recognize the American labor movement and the contributions of laborers to the development and achievements of our country. Labor Day is not one of those holidays that comes with a jam-packed itinerary or a long list of things you need to do. Save all that energy for Halloween, Thanksgiving, Christmas, and New Years.

Labor Day is a patriotic day but not quite as bold as the 4th of July. Instead, the long holiday weekend is fulfilled in pure relaxation. Spend time with friends, family, and frankly spend it however you want. You can't go wrong with an outdoor barbecue and s'mores, if I am being honest! Some fun things to do include pool parties, barbecues, parades, video games, watching football on the TV, listening to patriotic music, reading books, and most of all sleeping in!

To all the hardworking employees, Happy Labor Day with a special shout out to those who are protecting workers' rights. Thank you for making our world a better place to work and live in. Happy Labor Day everyone, have fun and enjoy your day off!!!



Three Labor Day Fun Facts

1. The first Labor Day parade took place on September 5, 1882 in New York City.
2. Labor Day was declared a national holiday in 1894 and is celebrated on the first Monday of September.
3. Americans eat an estimated 7 billion hot dogs between Memorial Day and Labor Day.



Matthew Soares

Congratulations!

Matthew was excited when the Kraemer Endowment Foundation asked him to create the artwork for their 2024 donor dinner invitation. He painted a rendition of the new senior building using watercolor and acrylic washes. “I like to draw and sketch. At Sophie’s Gallery I enjoy painting, weaving, and printmaking.” He quickly named weaving as his favorite medium. Matty is a relatively new student at St. Madeleine’s, and when asked how he likes program he gave an enthusiastic one thumb-up! Matthew has a busy schedule of activities including dancing and karaoke in the the garden pavilion, participating in walking club, volunteering for Meals on Wheels, and going to mobility training. “I also like swimming and working in the adaptive computer lab where I feel at home. I’m a gamer and like watching YouTube videos and music videos!”

SMSC also reproduced Matthew’s image on greeting cards that will be for sale soon.



Senior Building © Matthew Soares 2024



Grading of the property started in July, with the projected timeline for completion of the new Senior Building is spring 2025!



Our Rights

By: Cali Williams



Our rights make us so powerful that we are not afraid. There are many rights that people with intellectual and developmental disabilities have, but the main one is the right to vote. We have the right to stand up for what we believe in. That's why getting out and voting and going to the voting polls are so important. Show the community that we are the same as everyone else. We have the same rights. Voting means we are responsible and we are independent. We can vote in any type of election local, state, and federal, and by voting we too can make a difference for our country.

"I am planning on voting this year. My parents helped me to register and I will be voting by mail-in ballot. My advise to all SMSC students is to know that voting is your right and how it is important to have your voice out there to be heard! Don't be afraid ask your parents or care provider for help to register to vote."

registertovote.ca.gov

Tuesday,
November, 5 2024
is election day for
in-person voting.
Citizens of the United
States will vote to
elect the next
president and vice
president!

2
0
2
4
H
a
u
t
e



W
i
t
h
H
e
a
r
t



COLEEN BAUCOM
PRESENTS-BILLIE ANDERSON

Hello my fellow readers I have a special shout out for our special staff Billie Anderson! She has been here for a long time, which is really cool. Billie started as a bus driver for SMSC and moved up to Assistant Senior Program Manager. She loves her job, is a very hard worker, and she is a great person to talk to when you have a problem with something or someone. I think she is a great person to have in the seniors. She also is involved with the Self-Advocacy Board. Billie was a model in our fashion show for ten years, walking with Amy Mansour. She is a beautiful person, a very good advocate for all consumers in our program, and she always makes our day fun for the seniors. Everyone should stop in and tell her thank you for all her hard work!

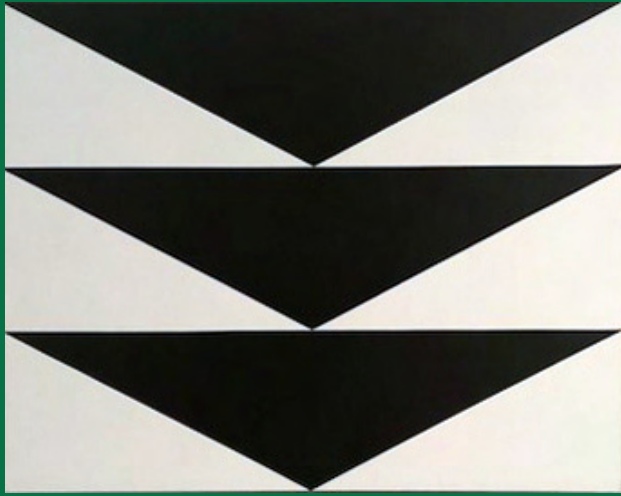


Big Kudos

CALI WILLIAMS
PRESENTS-SMSC ZOOM DREAM TEAM

Hello my fellow readers let's all give a big thanks to the SMSC staff members and program managers for keeping the Zoom classes going and alive for all of us to be able to attend program in-person and via zoom. This keeps up our attendance and yes, I agree that attendance does count! I want to share with you all the wonderful and talented Zoom programming leaders and co-leaders that present Zoom classes each day including Billie Anderson, Victoria Martines, Beatriz Ferreira Dobbin, Delfroz Naby, Alyssa Lee, Tina Castro, Lizbeth Tapia, and Angelica Velasco-Rojas. I am grateful that that we continue to have Zoom classes each day, it is especially important for those who are at home.





Courage to Continue - Courage to Create!

Carmen Herrera was a Abstract Expressionist and Minimalist painter who was born in Havana, Cuba in 1915. She started drawing lessons when she was eight years old and was a life-long artist who lived to be 106. Herrera was a dedicated and disciplined artist who worked in her studio almost everyday. Living in New York City and Paris during her career, she was inspired and sustained by major art movements in both cities. She attended art classes, visited museums, and associated with fellow artists. As an immigrant, Herrera faced discrimination and like other many women artists, she was not taken seriously by the art world. No matter the snub, Carmen continued to paint. Although she rarely exhibited her artwork for the public, her perseverance paid off. She sold her first painting at age 89 and began to receive international recognition late in life. At age 101 her artworks were featured in a retrospective at the Witney Museum in New York City. Her hard-earned place in the art world is reflected in the collections of major museums including the Museum of Modern Art in New York City and the Hirshhorn Museum and Sculpture Garden in Washington DC. Carmen Herrera's life is an inspiration to us all - reminding us to believe in ourselves, to reach for the stars, and never give up!



Cultural Corner Celebrating Diversity National Hispanic Heritage Month

September 15 - October 15



Carmen Herrera



Carmen Herrera was commissioned to paint a mural on an interior wall that spans the entire width of the Blanton Museum in Austin. Titled *Verde, que te quiero verde* (Green, How I Desire You Green) was unveiled in 2020 when she was 105 years old.

Fall

EVENTS

2024 Alley Cat Art Walk

PAINT & PALLET

Juried Art Contest

Jessica York

Mingei International Museum

Paint & Pallet Juror

42 cutting boards by community artists



Sophie's Gallery Presents

Table Manners

20th Annual Passageways

September 13 - November 31, 2024

Public Reception

Friday, September 13, 4-8PM

During Alley Cat Art Walk

Join Sophie's Gallery for a visual feast inspired by the culinary arts: favorite foods, meaningful meals, ingredients, and recipes. Artists were inspired by the joy of cooking and eating to create mosaics, sculptures, prints, and mixed-media collages. Also on the menu are recycled wine cork art and hand-made tablewares.



13th Annual Alley Cat Art Walk

Celebrating the Arts in Downtown El Cajon

Friday,
September 13, 2024
4-8PM 

ALLEY CAT PARTNERS

East County Art Association
El Cajon German American Societies Inc.
Glamour Girlz Boutique
Olaf Wieghorst Museum
Rich Artist Studio
Rob's BrewPoint
Silver Creek Fine Art & Gallery
Sophie's Gallery & Gift Shop
Studio C
Surje Coffee
White Sage Gallery

Presented
by the Galleries &
Small Businesses
of Downtown
El Cajon



THANK YOU !
TO OUR SUPPORTERS

HELD ON MAIN STREET & REA AVENUE

- FREE EVENT
- FAMILY FUN
- FINE ART
- JURIED ART SHOW
- Crafts
- Vendors
- GIFTWARE
- Live Music
- BEER ON Tap
- REFRESHMENTS



Everyone ^{is} Welcome



Oktoberfest in El Cajon

September 27-29 &
October 4-6, 2024



Title: Bavarian Pretzel

Artist: Ethan Coss, 2024

Photo by Barbie Bates



German American Societies

1017 S. Mollison Avenue, El Cajon
www.OktoberfestElCajon.com



Photo by Walter Oliva





THANK YOU TO OUR MONTHLY GIVING PARTNERS
OUR CHAMPIONS OF THE FUTURE!



SMSC's Monthly Giving Pin
We need Heroes...and Giving is your Superpower

Thank You!

New Monthly Givers who joined during the Haute with Heart Fashion Show promotion!



Amber Bobbitt

Susan Bobbitt-Voth
Robert Larsen
Judy Mantle
Wendy Morris
Steven & Cindy Sapper
Laura Underwood



Join our exclusive club, become a Monthly Giving Partner. No gift is too small!
Your Monthly Donation Supports SMSC Quality Programs and Services for Persons with Intellectual & Developmental Disabilities. Contact: Joe Perucca / jperucca@stmsc.org

HAPPY BIRTHDAY!

Eugene Bennett
Amber Bobbitt
Christopher Bradshaw
Jonathan Chavez
Cameron Cromwell
Faith Davies
Bruce Davis
Chandra Deal
Caitlin DeCoro
Mayra Gonzalez
Mitch Gricman
Rachel Guerrero

Isaac Hernandez
Janae Horn
Nicholas Horning
Larissa Ibanez
Janis Jackson
Kathy Kilande
Heather Ksiazek
Samuel Kulek
Dawn Linnen
Moyses Lizarraga
Shannon Manning
Heather Matthews
Scott McLoughlin

Heather Moreno
Lynn Murray
Gregory Nelson
Libby Pieti
Catherine Pestreich
Nick Pittman
Sabrina Pomeroy
Janel Shortes
Rosalia Sottile
Margaret Sperry
Muna Toma
Adrienne Wright

September Lunch Menu 2024

Sept 2nd Holiday Closed

Sept 3rd Beef chili and cornbread

Sept 4th Tandoori chicken, yellow rice, and cucumber salad *

Sept 5th Linguini, zucchini, and side garden salad * (VEG)

Sept 6th Pizza and side salad

Sept 9th Honey garlic pork tenderloin over mashed potatoes and carrots

Sept 10th Shrimp fajita, rice, and beans

Sept 11th Cheeseburger and fries

Sept 12th Italian sausage pasta, side salad, and garlic bread

Sept 13th Pizza and side salad

Sept 16th Crispy chicken salad with honey BBQ dressing *

Sept 17th Ginger turkey meatball sub sandwich and chips *

Sept 18th Beef nachos supreme

Sept 19th Sun dried tomato pasta alfredo and garden salad (VEG)

Sept 20th Pizza and side salad

Sept 23rd Fried chicken bite bowl

Sept 24th Baked ziti, garden salad, and garlic bread

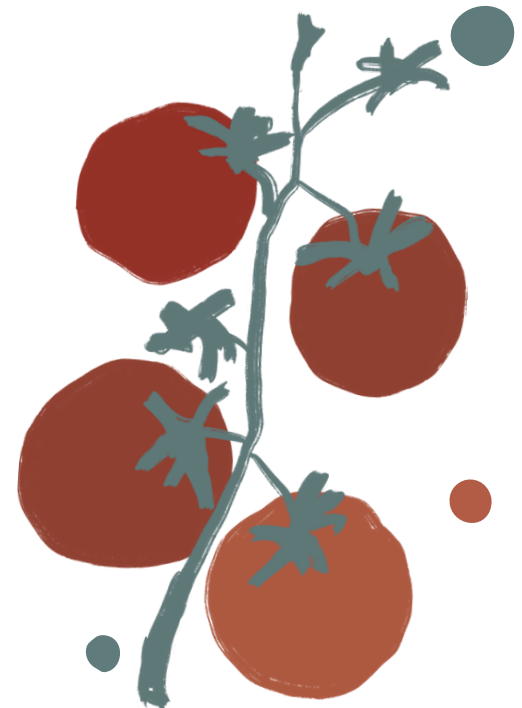
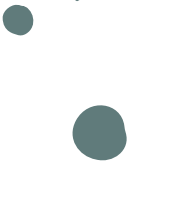
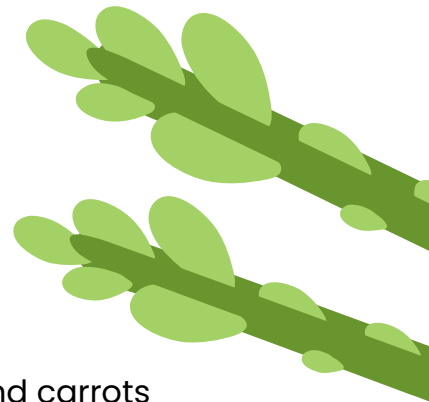
Sept 25th Enchilada pie, rice, and beans *

Sept 26th Beef and broccoli rice bowl

Sept 27th Pizza and side salad

Sept 30th Chicken Caesar spinach wrap and chips *

* New Menu Item





Sophie's Too & Sophie's Gallery

Thanks to a
generous donation,
all jewelry is
priced at wholesale
and 100% of sales
supports our
programs and
services!

Shop our
collection of silver
& semi precious
gemstones
necklaces



ST. MADELEINE SOPHIE'S CENTER

WE'RE HIRING

St. Madeleine Sophie's Center is a day program for adults with intellectual and developmental disabilities situated in El Cajon, CA on a beautiful campus like environment. We offer excellent working conditions, as well as competitive pay and generous benefits. Come join our team of compassionate, dedicated professionals!

HOW TO APPLY

Please go to www.Indeed.com or www.recruiting.com Applicants may also go to our website at www.stmsc.org, select the contact tab and then employment. These steps will give you access to an application for employment.

SEND YOUR RESUME TO

crickey@stmsc.org

TELEPHONE

619.442.5129 Ext. 107

WEBSITE

stmsc.org