

APRIL • 2024

A PERSON CENTERED NEWSLETTER PRODUCED BY ST. MADELEINE SOPHIE'S CENTER STUDENTS St. Madeleine

Edited in the Theresa & Edward O'Toole Foundation Adaptive Computer Learning Center
Nameplate Art © Tina Hendricks 2017



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Earth Day

April 22, 2024

5 & Dime

STUDENT COLLECTIVE SENIOR SAFARI PARK TRIP COLEEN BAUCOM





SMSC Senior Program student enjoying their trips to the Safari Park.



Senior Safari Park Trip
By: Coleen Baucom

Hello my fellow readers. I want to tell you about the trip that the Senior Program took during the month of February. We went to the San Diego Safari Park when they offered free entrance to the park during February. It was for seniors only, and many SMSC seniors enjoyed the visit!

We got to see a lot of animals at the park, but especially liked seeing the gorillas, there were four of them. Two were playing on the ropes and others, being shy, stayed in the background. We walked around the park to see other animals. The deer and their babies were quite cute.

We went to the Tiger Encounter, where mothers and babies are kept. You could hear the baby's cries from inside the cage, they were probably wanting to eat. I thought it was so cute the way they were letting their mother know they needed something.

I am so glad we went to the Safari Park! I hope they make *Free* Senior February an annual event!

5 & Dime

CALIFORNIA COAST CREDIT UNION SHOWCASING ART BY SOPHIE'S ARTISTS



Esteban Gonzalez Assistant Manager, El Cajon Branch California Coast Credit Union with collection of Wintertime House prints in his office.

Congratulations!

Janine Barth Beth Blair Cheryl Bogar Anne Colburn Caitlin DeCoro Mitch Gricman Marilyn Guidi Maevis Hutson Norine O'Boyle Lauren Papworth Jessica Pena Susie Pfingsten Aldo Quezada Francisco Rojas Tiffany Simpson Wilma Sutton Kristen Woldt







Wintertime House © Janine Barth 2023 Wintertime House © Norine O'Boyle 2023 Wintertime House © Beth Blair 2023

CALIFORNIA COAST CREDIT UNION



Customers were surprised and delighted while banking at California Coast Credit Union as artwork was being installed in the lobby and office spaces at the credit union. They stopped to inquire about the pieces and asked about who made them. Branch Manager II, Julie Leggio invited Sophie's artists to collaborate with the credit union after visiting Sophie's Gallery and connecting with our art and artists. The art on display includes Wintertime house prints, Barbie Guitar prints, a collaborative quilt, and paintings by Francisco Rojas. "We are so happy for the opportunity to display artwork from Sophie's Gallery. It has added character and warmth to our office!", Leggio remarked after the work was installed.



Left - Patricia Nicolay
Personal Financial Representative
and Julie Leggio Branch Manager II - Right with
collection of Barbie Guitar prints.

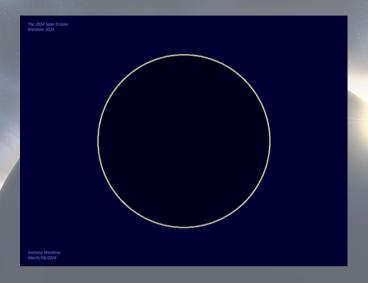


Hello again, I am Anthony Wardlow, and I would like to talk to you about the solar eclipse that is happening on April 8, 2024. What is a solar eclipse? A solar eclipse is when the moon passes between the Earth and the Sun totally or partially blocking the sun. Such alignments occur every six months at different location on Earth. The eclipse season is during the new moon phase, when the Moon's orbital plane is closest to the plane of the Earth's orbit. An eclipse is a natural phenomenon. In some ancient and modern cultures, solar eclipses were attributed to supernatural causes or regarded as bad omens. Looking directly at the Sun during the eclipse can lead to permanent eye damage, so special eye protection or indirect viewing techniques are used when viewing a solar eclipse. If you ever watch an eclipse you must wear special glasses made to protect and safeguard your eyes. Unless you have these glasses, never look directly at the sun during the solar eclipse. Your eyes will get damaged! This total solar eclipse will cross South America, North America, and Europe. It will cross North America in a northeastern direction towards the Atlantic Ocean and end in Europe. United Airlines will have a special fight during the solar eclipse! So, remember you must have special protective glasses when looking at the solar eclipse, but it is best to not look at the sun during the eclipse. The next total solar eclipse is in 2044. Till next time, see you all later and let's have a great spring month!

Source: Wikipedia
https://en.wikipedia.org/wiki/Solar_eclipse_of_April_8,_2024
The 2024 Solar Eclipse © Anthoy Wardlow 2024

5 & Dime

SOLAR ECLIPSE BY: ANTHONY WARDLOW



DURING THE ECLIPSE
ON MONDAY, APRIL 8, 2024
DO NOT LOOK AT THE SUN
FROM 10 AM TO 12:30 PM!

5 & Dime ST. PATRICK'S DAY LEMONADE



GREEN LEMONADE

Sophie's Organic Garden organic has several mature citrus trees that are full of ripening lemons ready for picking. ADC students decided to take advantage and harvest the fruit for lemonade! Jon Semenchuk, enjoyed picking lemons from the lemon trees, while Catherine Iraci and Marisol Alcantara assisted in cutting the lemons. Mint was also harvested from the garden to make 2 types of lemonade, regular and mint lemonade.

Students added green gel food coloring to sugar and mixed it together. Next, they added water and placed it in the microwave to turn the lemonade green in a celebration of St. Patrick's Day!

JON SEMENCHUK
HARVESTING LEMONS CATHERINE IRACI CUTTING LEMONS MARISOL ALCANTARA CUTTING LEMONS

Many of the citrus trees are memorial trees planted in honor of SMSC student

5 & Dime

FRIENDS OF CATS PERSONAL GROWTH AND WORK TRAINING THROUGH ANIMAL CARE



FRIENDS OF CATS

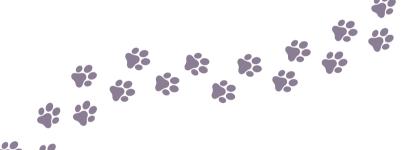
Friends of Cats is a nonprofit organization located near Alpine that is dedicated to the health and welfare of cats and finding them forever homes. They are celebrating their 95th anniversary!

SMSC sends a group two-days a week to help with caring for their cats. It is a volunteer work site where students train for paid employment in the field of cat protection. Students help with the mountain of cat blankets that need laundering each day. They measure detergent, rotate wet laundry to the dryer, fold dry cat blankets, sort them into into sizes, and neatly stack them. Lauren, the receptionist at Friends of Cats said, "We count on the groups from SMSC and really appreciate their help."

During their free time students get to go into the Cozy Cottage to socialize with the kitties!



Cameron Cromwell enjoying visiting with cats at Friends of Cats.



SMSC also has a paid worksite in the field of cat protection, Nat Cat in Spring Valley. Students at Nat Cat have more extensive job responsibilities, adding janitorial skills along with laundry services. SMSC students Bruce Davis, Jen Lord, Jessica Moland, and Rebekah Ring have paid positions. Marla Eaves is an independent SE Supported Worker, who has been employed at Nat Cat for 17 years.

natcatfriendsofcats.org natcat.org



- 1. REUSE & RECYCLE
- 2. USE LESS PLASTIC
- 3.USE LESS PAPER
- 4. EAT LESS MEAT
- **5. PICK UP LITTER**

St. Madeleine's



ATTENDANCE COUNTS!
Win money and prizes,
ask your Case Manager

for more information.

SAVE THE DATE



2024 SAN DIEGO PEOPLE FIRST CONFERENCE

When: Friday, June 7th & Saturday, June 8th

2-Day In-Person Conference

Where: San Diego Marriott
Mission Valley Hotel
8757 Rio San Diego Drive



"Self-Advocates
Take Charge and Be
the Change"

Registration details will be coming soon!

For more information please contact:

Creative Support Alternatives: creativesupportalternatives@gmail.com
Debbie Marshall: debbie.marshall@scdd.ca.gov
or Viri Salgado: viridiana.salgado@sdrc.org

Contact your Regional Center Service Coordinator to add a Self-Advocacy **GOAL** in your IPP to pay for your conference registration fee.

For more updates on the conference follow us on Facebook: San Diego People First Self-Advocacy Conference





Cultural Corner Celebrating Diversity National Autism Acceptance Month

April is National Autism Acceptance Month. World Autism Awareness Day on April 2, is sponsored by the United Nations. The month-long celebration was started in 1970 by the Autism Society of America, who are rebranding the month by focus from changing the awareness acceptance. Words are important as the emphasis shifts to inclusion, understanding, and respect of persons on the spectrum. The relatively new series on Netflix, Love on the Spectrum, offers a public forum that highlights acceptance in a heartwarming and progressive journey into the dating life of persons on the spectrum. While looking for love and connection they present their authentic selves both on their dates and in their homelife. As we celebrate National Autism Acceptance Month, Love on the Spectrum can be a guide as we acknowledge and accept their unique personalities, their likes and dislikes, and their ability to honestly convey their true feelings and emotions to others without judgement. Love on Spectrum offers a relief from other contemporary dating series that are chalked full of unnecessary drama. Over the years there have been many movies and TV shows that featured non-autistic actors portraying persons who are on the spectrum. While this helped to grow public awareness of Autism, today we have a refreshingly authentic show where the neurodiverse tell their own stories and share themselves in the spotlight.



Dani Bowman



Dani Bowman holding a Creative Emmy Award she won in 2022 for her performance on the Netflix romance-documentary,

Love on the Spectrum.

Dani Bowman is currently a cast member for Love on the Spectrum. She is an Autism advocate and public speaker who teaches animation, is an animator, and an actor. Dani started her own company, DaniMation Entertainment at age 11. As an advocate for persons on the spectrum she uses public speaking, animation, illustration, fine and visual arts, and teaching animation to show young adults on the spectrum and those with other disabilities that anything is possible.

Dani inspires them to leverage their unique abilities!

samfarmerauthor.com autismsociety.org

https://www.instagram.com/p/ClTz4nFJMVt/? utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==



Northern Pictures is looking for participants for a new series of the Emmy Award winning

Spectrum U.S.

We are looking for SINGLE people living in the United States, who are on the autism spectrum and are interested in dating.

You may have no history of dating, or you might be an experienced dater – either way feel free to get in touch and say hello.

We are hoping to represent the great diversity of the autism spectrum, and are keen to hear from a range of people.

As with the previous series, we aim to make an honest, sensitive and insightful documentary.

If you or someone you know might be interested in speaking with us, please send an email with a brief description of yourself (and a photo) to: production@northernpictures.com.au



ST. MADELEINE SOPHIE'S CENTER PRESENTS



FRIDAY, APRIL 19

SAN DIEGO MISSION BAY RESORT

1775 E Mission Bay Dr, San Diego, CA 92109

FIRST TIMER & NOVICE

LEARN TO PLAY PICKLEBALL WITH AN EXPERIENCED PRO 9:00 AM - 11:00 AM

EXPERIENCED

11:00 AM - 1:00 PM

Join us for a fun day by the bay. Play pickleball, enjoy complimentary food, and participate in our opportunity drawing to win prizes!

PLAYER \$80 SPECTATOR \$50

FOR REGISTRATION VISIT

stmsc.org/event/pickleball/



DROP EMAIL TO events@stmsc.org

SPONSORED BY





St. Madeleine Sophie's Center

Couture

Haute with Heart FASHION SHOW & LUNCHEON

SATURDAY
AUGUST 17th
2024
SAN DIEGO HILTON

BAYFRONT HOTEL

Happy Birthday!

APRIL 2024

Pete Bello
Kate Broderick
Emil Elias
Andrew Fratangelo
Kelley Grant

Jacob Hazen
Greg Hitchcock
William Hopkinson
Catherine Iraci
Jackson Kepic
Mikey Klein
Yvonne Leal
Ernesto Ledezma
Stacy McCorquodale

Tonya Mitchell
Paul Norman
Alison Portner
David Schoenfeld
Omar Torres
Chelse Voisard



April 1st Grilled chicken teriyaki over rice and broccoli
April 2nd Turkey spinach wrap and macaroni salad
April 3rd Pasta e fagioli and garlic bread *
April 4th Chicken marsala over mashed potatoes and green beans
April 5th Pizza and side salad

April 8th Shrimp boil, sausage and spinach *

April 9th Meatball sub sandwich and chips

April 10th Lemon and garlic pork tenderloin over mashed potatoes and vegetables

April 11th BBQ herbed chicken, potato salad and baked beans

April 12th Pizza and Caesar salad

April 15th Fish & chips and coleslaw

April 16th Smokey tostada, rice and beans *

April 17th Marry me chicken over pasta and side salad

April 18th Egg salad sandwich and chips *

April 19th Pizza and Caesar salad

April 22nd Chicken curry over rice

April 23rd Lasagna with Italian sausage and side garden salad

April 24th Rolled tacos, rice, and beans

April 25th Grilled pineapple and pork sandwich and sweet potato fries *

April 26th Pizza and Caesar salad

April 29th Creamy lemon chicken, pasta and garden salad April 30th Baked potato with chili and cheese

* New Menu Item





THANK YOU TO OUR MONTHLY GIVING PARTNERS

OUR CHAMPIONS OF THE FUTURE!

Welcome!

New Monthly Giving Members

Lorraine & Steven Kevane Karen Rado



Sunset on the Water Aaron Kevane

Fiesta Island dog beach at Mission Bay is my favorite! My dog likes to swim there, but the cats don't like the water! The birds like to dive into the water looking for seafood. I feel loved when I see the sunset on the water. Beaches are great for holidays and picnics. A nice cold drink by a campfire. Roasting marshmallows and seeing the stars in the sky.



AARON KEVANE POSING WITH HIS SKATEBOARD AT BREAD & CIE

Aaron's skateboard was featured at the Skate of Mind show at Sophie's Gallery in 2022 and traveled to Bread & Cie in 2023, where he was treated to refreshments and met the owner of the cafe!

We are reaching out to all our families with personal success stories about our students. We want to encourage everyone to join our Monthly Giving Program to support SMSC's programs and services.

Our Monthly Donation Program Supports SMSC Quality Programs and Services for Persons with Intellectual & Developmental Disabilities.



Join our exclusive club, become a Monthly Giving Partner. No gift is too small!
Your Monthly Donation Supports SMSC Quality Programs and Services for Persons with
Intellectual & Developmental Disabilities. Contact: Joe Perucca, jperucca@stmsc.org

Big Kudos

Congratulations to Jackson Kepic, for his inspirational graffiti-style chalk wall. Jackson's wall became the perfect backdrop for a recent photo session with his fellow ADC students. Everyone was invited to strike a pose that made for some heartwarming portraits! On the chalk wall, Jackson expresses himself through art and communicates his ideas in words as he shares the message: I'm an artist, I want to travel, and I am me!





ST. MADELEINE SOPHIE'S CENTER

WE'RE HIRING

St. Madeleine Sophie's Center is a day program for adults with intellectual and developmental disabilities situated in El Cajon, CA on a beautiful campus like environment. We offer excellent working conditions, as well as competitive pay and generous benefits. Come join our team of compassionate, dedicated professionals!

HOW TO APPLY

Please go to www.Indeed.com or www.recruiting.com Applicants may also go to our website at www.stmsc.org, select the contact tab and then employment. These steps will give you access to an application for employment.

SEND YOUR RESUME TO

TELEPHONE

⊕ WEBSITE

crickey@stmsc.org

619.442.5129 Ext. 107

stmsc.org