JANUARY • 2024

A PERSON CENTERED NEWSLETTER PRODUCED BY ST. MADELEINE SOPHIE'S CENTER STUDENTS St. Madeleine Sophie's Center Sophie's Cente



Edited in the Theresa & Edward O'Toole Foundation Adaptive Computer Learning Center
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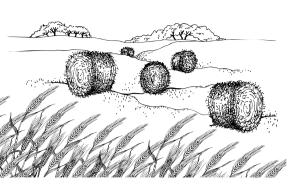


SMSC is CLOSED

January 1, 2024 New Year's Day

January 15, 2024 Martin Luther King Jr. Day







5 & Dime STUDENT COLLECTIVE **AUSTIN HISCOCK**

Austin Hiscock received a Certificate of Completion from Heart and Hooves Therapy's volunteer program!

What I Enjoyed Doing Volunteering at Hearts and Hooves Therapy

By Austin Hiscock

I enjoyed working with the mini horses, cleaning the stalls, grooming the horses, walking them around the obstacle course, working with the big horses, and working with my favorite horse, Nacho. Nacho was a very friendly horse. He followed me everywhere I went and always wanted attention anytime I was around him. Other animals we worked with were goats, one named Oatmeal and the other one was named Cherry. They were both very friendly.





Cleaning the horse's hooves



Grooming the horse



Walking the horse



Cleaning the horse stall



Horsing around



My favorite horse Nacho





Let's talk About Safety By: John Agostini

- 1. Dress warm during cold weather.
- 2. Look both ways for cars when crossing the street.
- 3. Be sure to slow down when children are present.
- 4. Slow down for pedestrians.
- 5. Do not run a red light.
- 6. Do not drink and drive, it's the law.
- 7. Get your flu shot.
- 8. Never jay walk.
- 9. Do not park in the red zone.
- 10. No smoking in hospitals and nursing homes when oxygen is in use.
- 11. No horsing around around the pool area.
- 12. Turn off Christmas tree lights.
- 13. Blow out candles to be safe.
- 14. Use caution if there is flooding.
- 15. Use caution when at a railroad crossing.
- 16. No shoving and pushing!



The Individuals with Disabilities Education Act insures that people with disabilities have the same rights and opportunities as everyone else. This includes the right to vote. Anyone in California can register to vote online at registertovote.ca.gov.

5 & Dime

STUDENT COLLECTIVE JOHN AGOSTINI / COLEEN BAUCOM



Self-Advocacy is Glad to Help

By: Coleen Baucom

I am happy to tell you that SMSC's Self-Advocacy Board did a wonderful thing this year. They sponsored a food drive for families who need help with Christmas this year. We collected several boxes of food and delivered it to the Salvation Army in El Cajon. They gave us a tour of the rooms where donated toys and food are stored. My heart filled with joy when I saw all the gifts for babies to teenagers! It made me very happy to know that children will get to have a Merry Christmas this year. Next year board members want to have a toy drive. Again, great job board members, and thank you to everyone who donated to our food drive. You guys rock! Next year I hope we have a toy drive along with the food drive - for sure.



Martin Luther King Jr.

Martin Luther King Jr. was an American Baptist minister, who believed in nonviolent activism. King was one of the most prominent leaders in the civil rights movement from 1955 until he was assassinated in 1968.

King was admitted to Morehouse College in Atlanta at the age of 15. As an early-admission student he studied medicine and law but later decided to enter the ministry. He followed in the footsteps of his father and grandfather who were both ministers.

Martin Luther King Jr. is known for his contributions to the American civil rights movement in the 1960s. His most famous work is his "I Have a Dream" speech, delivered in 1963, in which he spoke of his dream of a United States that is void of segregation and racism.

Photo Credit: Public Affairs Office www.mcasiwakuni.marines.mil

Martin Luther King Jr. adresses a crowd from the steps of the Lincoln Memorial during his inspirational *I Have a Dream* speech on August 28, 1963.



Cultural Corner Celebrating Diversity Martin Luther King Jr. Day January 15, 2024

Ways to Celebrate MLK Day

- 1. One simple way to give back is by cleaning up the community. Get a group together and pick up trash at a local park, or rake leaves around your neighborhood.
- 2. As a civil rights leader, one of the best ways to honor Dr. Martin Luther King Jr.'s legacy is by making sure you're registered to vote if you're able to do so.
- 3. A new year calls for cleaning out. Whether it's gently used clothes, household items, or sports equipment, consider donating them to a local charity.
- 4. Not everyone has time to dedicate to service this time of year. If you still want to help a cause that matters to you on MLK Day of Service, make a donation to your favorite charity to help them continue to serve.



New Year's Eve Times Square Ball Drop

December 31, 2023
Live on ABC starting 8PM Eastern
Time & streaming on the network app

Every year the old year is closed with a celebration and ball drop at Times Square in New York City! As the ball drops the New Year is ushered in to crowds of onlookers. The first ball drop was in 1904 and has been an annual event with the exception of 1942 and 1943 due to wartime blackout restrictions.





Sophie's Gallery Celebrates

Valentine's Day

February 9 - March 31, 2024 Public Reception Friday, Feburary 9 5-8PM

Sophie's artists present a
weather-inspired collection of
umbrellas embellished with
original designs, paper mache
sculptures, contemporary
jewelry, heart prints, mosaics,
and a Weaving Rainbow just in
time for Valentine's Day
shopping!



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F





Live Music • Handcrafted Menu Specialty Cocktail • Opportunity Drawing

January 20 The Marine Room
11 AM - 2 PM 2000 Spindrift Dr, La Jolla, CA 92037



Single Seat — \$150 Table of Ten— \$1,500

PROCEEDS RAISED GO TOWARDS SOPHIE'S GALLERY AND ART PROGRAM



Tea by the Sea Shawl included with \$50 Donation

WWW.TEABYTHESEA.ORG



ATTENDEES

RECEIVE A GOODIE BAG



Monday, January 1, 2024 New Year's Day

Monday, January 15, 2024 Martin Luther King, Jr. Day

Monday, February 19, 2024 Presidents' Day

Monday, May 27, 2024 Memorial Day

Thursday, July 4, 2024 Independence Day

Monday, September 2, 2024 Labor Day

Thursday, November 28, 2024 Thanksgiving Day

Friday, November 29, 2024 Day after Thanksgiving

Tuesday, December 24, 2024 Christmas Eve

Wednesday, December 25, 2024 Christmas Day

Happy Birthday!

JANUARY 2024

Jarrett Akers Kalaya Barker **Coleen Baucom Jonathan Brock Christina Cali**

Jennifer Catren Hector Escalante Arturo Flores Christina Frantz

Ian Harrison Clayton Hauer Muhammad Hilali Matthew Howard Leslie Landy

Wendy Fredericksen **Kenny Gerardo Deborah Gile** **Austin Martinez Pam May Christopher Morey Stephen Pelletiaire Nathan Schultz** Louellia Vigil Karen Yobi

Jan 1st Holiday New Years (SMSC Closed)
Jan 2nd Fish tacos, refried beans, and chips
Jan 3rd Spaghetti with Italian sausage marinara, and side salad
Jan 4th Braised pork with sweet soy sauce over rice.
Jan 5th Pizza and side salad

Jan 8th Mediterranean garlic shrimp with bell pepper over rice *
Jan 9th Chicken salad pita sandwich with chips and pickle
Jan 10th Pasta alfredo, side salad, and garlic bread (Veg)
Jan 11th Turkey burger and tater tots
Jan 12th Pizza and side salad

Jan 15th Holiday Martin Luther King Day (SMSC Closed)
Jan 16th Smothered mushroom chicken over mashed potatoes and green beans
Jan 17th Cheese ravioli, garlic bread, and side salad
Jan 18th Greek chicken over lemon herbed rice and cucumber salad
Jan 19th Pizza and side salad

Jan 22nd Vegetarian lasagna, garlic bread, and side salad
Jan 23rd French onion soup and grilled Swiss cheese sandwich. * (Veg)
Jan 24th Korean BBQ chicken over rice
Jan 25th Pork pacita over mashed potatoes with vegetables
Jan 26th Pizza and side salad

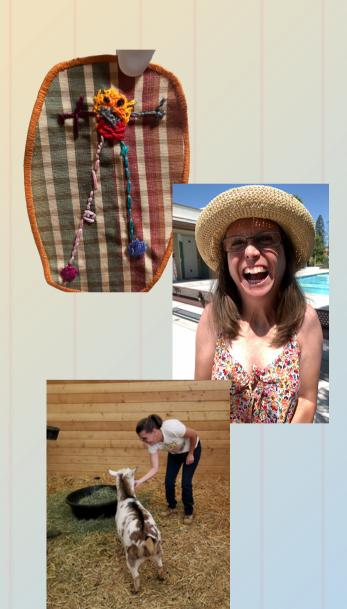
Jan 29th Coconut curry shrimp over steamed Rice
Jan 30Th Filipino pork adobo over rice and cabbage
Jan 31st Meatball sub sandwich and Chips

* New Menu Item



THANK YOU TO OUR MONTHLY GIVING PARTNERS,

OUR CHAMPIONS OF THE FUTURE!





MONTHLY GIVER BARBIE BATES

We are reaching out to all our families with personal success stories about our students. We want to encourage everyone to join our Monthly Giving Program as a way to support SMSC's programs and services.

Barbie Bates an active member and mother of Sauna Davis said, "I joined Monthly Giving because I love St. Madeleine's. I know my giving is not that much but if everyone gave, it would make a big difference. I wish I could give more but I know that my contribution counts no matter what size it is!"

Our Monthly Donation Program Supports SMSC Quality Programs and Services for Persons with Intellectual & Developmental Disabilities.



Join our exclusive club, become a Monthly Giving Partner. No gift is too small!

Your Monthly Donation Supports SMSC Quality Programs and Services for Persons with Intellectual & Developmental Disabilities. Contact: Joe Perucca, jperucca@stmsc.org



Big Kudos

Congratulations to SE client, Mary Blanchard who will be leaving SMSC after successful supported training for her job at Gillespie Field Cafe. Her time at program has helped her prepare for the future as she will continue to work and buy a home with her husband. Mary's exciting life-story is an example of self-determination and SMSC's role in helping Mary achieve her goals!



WE'RE HIRING

St. Madeleine Sophie's Center is a day program for adults with intellectual and developmental disabilities situated in El Cajon, CA on a beautiful campus like environment. We offer excellent working conditions, as well as competitive pay and generous benefits. Come join our team of compassionate, dedicated professionals!

HOW TO APPLY

Please go to www.Indeed.com or www.recruiting.com Applicants may also go to our website at www.stmsc.org, select the contact tab and then employment. These steps will give you access to an application for employment.

SEND YOUR RESUME TO

TELEPHONE

WEBSITE