

## B a z e t t e

JUNE • 2022

A PERSON CENTERED NEWSLETTER PRODUCED BY ST. MADELEINE SOPHIE'S CENTER STUDENTS

Edited in the Theresa &amp; Edward O'Toole Foundation Adaptive Computer Learning Center

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**Coleen Baucom****President SMSC Self-Advocacy**

I am so excited to be back to program at St. Madeleine Sophie's Center. I work in the kitchen helping with lunches. I like learning new things, like how to take the seeds out of cucumbers to prepare them for pasta salads. I've enjoyed making art at Sophie's Gallery. It was exciting to paint a retro metal garden chair that was for sale at the Morning Glory Brunch. I also swim on the Triton swim team and have a team practice weekly. Our next meet is Saturday, July 23, here on campus from 8AM-1PM with Sports 4 Exceptional Athletes. As President of Self-Advocacy, I for one would like to have more dances this year!

HERE'S TO ALL THE DADS

*Happy  
Father's  
Day*

St. Madeleine Sophie's Center



Megan & Chris Hinman  
 Tommy & David Blue  
 Emily & Craig Cunningham  
 Laura & Chuck Sloan  
 Amy & Najib Mansour  
 Aidan & Mark Grant  
 Olivia & Warren Gross  
 Cali & Tony Williams  
 Michael & Sean Mercadante

To all The  
 Dads!





## GETTING READY WITH FREDDY

### MOVEMENT CLASSES AT SMSC



**Freddy DeBerg teaching movement  
in the Activity Center classroom**

AC Instructor Freddy DeBerg is leading movement sessions to an enthusiastic audience on a daily basis on SMSC's campus. "Movement improves coordination and is the key to functioning better. It's true what they say - if you don't use it - you lose it!" exclaims DeBerg. "My objective is to help others to live their best lives", he added. In all his classes he emphasizes stretching to keep the body limber and increasing coordination through movement. Freddy loves working at SMSC and sharing his passion for dance, exercise, and movement with our students!

## 5 & Dime

### STUDENT COLLECTIVE



**Christopher Morey lets go in a  
succession of fluid movements  
as he expresses himself  
through dance - inspired  
by music from the King of Pop,  
Michael Jackson!**

## LIONS TIGERS & BEARS OH MY!



By: Anthony Wardlow

I would like to talk to you about Lions Tigers & Bears, an animal sanctuary located in East County San Diego near the towns of Alpine and Descanso. Lions Tigers & Bears is a place where rescued animals can live happy lives without any harm or abuse. Rescued animals include grizzly bears, brown bears, black bears, asian black bears, bengal tigers, Siberian tigers, Africa lions, leopards, servals, mountain lions, bobcats, tortoises, macaws, and peacocks. Other animals in their care are domesticated such as cats, goats, lamas, horses, donkeys, cows, and chickens. Lions Tigers & Bears offer tours of their sanctuary and also trains volunteers to feed, clean, and give care to their animals. SMSC sends a work crew four-days a week to volunteer and help out. We spend a few hours cleaning the chicken coops and caring for both goats and lamas in their enclosures. We also help in preparing bear diets, washing dishes, cleaning the volunteer area, and cleaning the store. Lions Tigers & Bears is truly a site to see!

## STUDENT COLLECTIVE CONTINUED...



Sophie's artists created journal covers using printmaking techniques and rubber stamping. Artists made styrofoam stamps during in-person and online classes that featured plant and floral images. The design of the covers were influenced by patchwork quilts.

Jackson Kepic  
pushes a stamp onto  
a Gelli plate to print.

Using a brayer,  
Amber Bobbitt rolls  
printing ink onto  
a Gelli plate.



Finished journal  
cover showing  
monochromatic hues,  
and multiple stamp  
patterns. Journals  
are for sale at  
Sophie's Gallery!





## Essential Bloom



Sophie's Gallery  
PRESENTS

A Collection of Watercolors  
by Uk Kyong Prince

June 1-30, 2022

*Public Reception*

**Friday, June 3**

**5-8PM**

**Wine & Hors d'oeuvre**

**Live Music**

Cactus Bloom © Uk Kyong Prince 2020

Uk Kyong Prince started painting with watercolors as a hobby during her free time after retiring. Uk commented, "I had never painted before. I didn't have time for hobbies. If I had free time, I would research the latest hair styles!" Once she found her niche, Uk approached painting with the same dedication and innovation that she learned in her over 40 year career as a hair stylist. Uk started out painting from photographs that friends provided her. "Now I see the value in taking my own photographs so I can paint images of the things I am naturally attracted to.", she added. Uk was a quick-study and excelled in her chosen medium. Her talent has been celebrated in two prior solo shows at Silver Creek Fine Art & Custom Framing and Studio C Gallery.



SAVE  
THE  
DATE!

# Diamonds

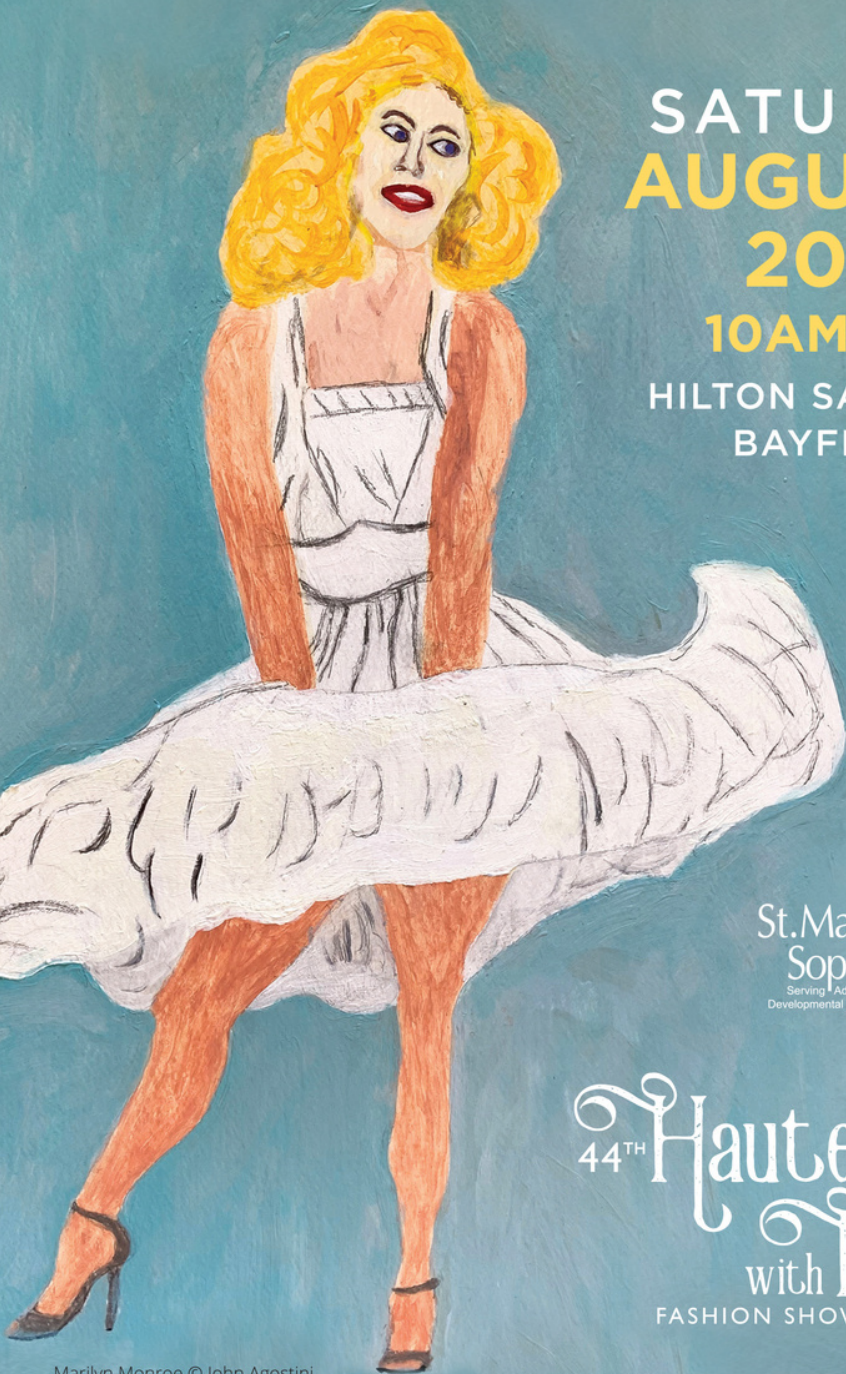
ARE A GIRL'S

# Best Friend

SATURDAY  
AUGUST 13<sup>th</sup>  
2022

10AM-2PM

HILTON SAN DIEGO  
BAYFRONT



Marilyn Monroe © John Agostini

St. Madeleine  
Sophie's Center  
Serving Adults with Intellectual and  
Developmental Disabilities for Over 50 Years

44<sup>TH</sup> Haute  
with Heart  
FASHION SHOW & LUNCHEON



[HauteWithHeart.Org](https://HauteWithHeart.Org)







Join this exclusive  
club, become a  
**Monthly Giving Partner.**  
*No gift is too small!*

## THANK YOU TO OUR MONTHLY GIVING PARTNERS!

Your Monthly Donation Supports SMSC Quality Programs and Services for  
Persons with Intellectual & Developmental Disabilities.

Contact: Joe Perucca, [jperucca@stmsc.org](mailto:jperucca@stmsc.org)

### New Member Highlights

**Your monthly gift makes a lasting impact on the lives of our students!**

Aidan Grant's parents Mary & Mark have supported SMSC since Aidan started swimming at our Aquatic Center as a youth. Once again the Grants have stepped up to the plate as Monthly Giving Partners!



Olivia Gross's parents Cathy & Warren keep her active on and off SMSC campus. As new Monthly Giving Partners, they are seeking out other opportunities to get involved with our center!

# **Cultural Corner**

## **EXPLORING DIVERSITY**

### **Juneteenth**

**June 19, 2022**



**Juneteenth is celebrated annually on the 19th of June to mark the date when the last enslaved people in the United States were notified of their freedom. This notification came a full two and a half years after the signing of the Emancipation Proclamation. Juneteenth, honoring the end of slavery is considered to be the longest-running African American holiday.**

***On June 17, 2021 Juneteenth officially became a federal holiday.***

**<https://www.nytimes.com/article/juneteenth-day-celebration.html>**



# Happy Birthday!

**JUNE 2022**

**Juan Acevedo**

**Jeff Alton**

**Cody Alves**

**Beth Blair**

**Chelsea Chase**

**Ethan Coss**

**Anthony Davenport**

**Susan Deranian**

**Troy Dodd**

**Cesar Donivan**

**Jane Dutcher**

**Terry Esche**

**Larry Finnegan**

**David Gutierrez**

**Suzanne Hazelebach**

**Karen Holley**

**Michael Hurtado**

**Chantilly Jones**

**Amber Keath**

**Crystal Keath**

**Susan Kendrick**

**Victor McGill**

**Kristin McKenney**

**Kip Rakowski**

**Tori Ryan**

**Brant Simpson**

**Victoria Strayve**

**Brennan Sullivan**

**Tracey Taylor**

**Oscar Vizcarra**

**Anthony Wardlow**





# Lunch Menu

**JUNE 2022**

**June 1st Beef tamales, cilantro lime rice & black beans**

**June 2nd Mediterranean grilled chicken over lemon herb couscous  
& grilled zucchini**

**June 3rd Pizza & side garden salad**

**June 6th Honey glazed pork over mashed potatoes & green beans**

**June 7th Shrimp scampi, garlic bread & side garden salad**

**June 8th Grilled Reuben sandwiches, chips & pickle**

**June 9th Beef chili & honey-butter cornbread**

**June 10th Pizza & side pasta salad**

**June 13th Carnitas tostada, refried beans & Spanish rice**

**June 14th Grilled chicken caprese pasta, garlic bread & side salad**

**June 15th Beef stir fry over steamed rice & fried wontons**

**June 16th Pork schnitzel over mashed potatoes & broccoli**

**June 17th Pizza & side Caesar salad**

**June 20th BBQ chicken, coleslaw & baked beans**

**June 21st Shrimp fajitas, black beans & Spanish rice**

**June 22nd Pineapple glazed baked ham, stuffing & green beans**

**June 23rd Teriyaki turkey burger & sweet potato fries**

**June 24th Pizza & cucumber Salad**

**June 27th Garlic baked pork loin mashed potatoes & vegetables**

**June 28th Enchiladas, black beans & Spanish rice**

**June 29th Pesto grilled cheese sandwich & pasta salad**

**June 30th Loaded baked potato**