2 ...... S & DIME STUDENT COLLECTIVE SUMMER FUN BY JOEL CLARK
3 ...... S & DIME CONTINUED FEATURING CALI WILLIAMS & KATE BRODERICK
4 ...... MONTHLY GIVING PARTNERS
5 ...... 44TH HAUTE WITH HEART
6 ...... SOPHIE’S GALLERY PRESENTS OIL PAINTINGS BY RO TARANTINO
7 ...... SOPHIE’S BUTTERFLY SELFIE MURAL
8 ...... CULTURAL CORNER EXPLORING DIVERSITY: PARK AND RECREATION MONTH
9 ...... JULY BIRTHDAYS
10 ...... JULY LUNCH MENU

Happy
4TH OF JULY

Deborah Gile’s, Statue of Liberty Self-portrait was featured at the Museum of Modern Art of Ukraine in Kyiv, in a show titled Art Neurodiversity. The exhibition, held in 2011, included artists from around the world. Debbie's self-portrait was sold to an art patron while it was in Ukraine.

From
St. Madeleine Sophie’s Center
SMSC CLOSED
Monday, July 4, 2022
Wondering what to do for fun this summer? Here are some ideas for summer activities. Try camping when the weather is nice. Pack a tent, some sleeping bags, snacks, and just take off. Camping is a perfect way to take in nature and enjoy some fresh air. I went camping twice and if I remember correctly, I went to sleep in my own sleeping bag but I woke up in a different one! I don’t know how that happened, but I was just a kid and can’t remember all the details!

Summer is the perfect time for gazing at the night sky. Or try paddle-boarding, a popular water sport where you stand up on a board (similar to a surfboard) and use a paddle to steer it through the water. If you are a beginner paddler, check out Redondo Beach or Catalina Island. Both offer gentle flat-water paddling. Gentle water paddling in small lakes, ponds, and swamps offers water that’s sheltered from waves, excessive winds, and currents.

You could go to an outdoor concert – if you love music this is the perfect season to enjoy live music and amazing weather.

My last idea is to stay in a cabin. If you live in the city, the perfect weekend getaway may be just taking off to a cabin, don’t forget a pack of cards!

Out of all these activities, paddle-boarding sounds interesting to me. For more ideas take a look the website I found, it’s listed below.

DEAR EVERYONE

BY KATE BRODERICK

I like coming to SMSC's programs on Mondays, Wednesdays, and Fridays. I like acting and singing at Arms Wide Open on Monday afternoons, where I do puppetry, theater, and hip-hop dancing. We perform a lot of plays and I got a part in Godspell. I made new friends at Arms Wide Open. I like swimming, basketball, and karate. I started karate at the age of 7 years old, and stopped taking karate when I turned 31. I participated for 24 years! In my free time I like to hang out with my friends. I have a boyfriend, we are in a serious committed relationship!

To Access I Speak Zoom Meeting:
Meeting ID: 93702158975
Passcode:123763
Thank you for being the reason we smile!
Your monthly gift makes a lasting impact on the lives of our students...
Dream Big

John Agostini, an artist at Sophie’s Gallery was excited that his painting of Marilyn Monroe was chosen for this year’s Haute with Heart Fashion Show. John is waiting for the big day as he loves dressing the part, but he's not all about glitz & glam. Offering some sage wisdom he noted, “If you respect and love yourself, it will materialize with other people. If you are friends with yourself, everything comes to you. Dream big and believe anything is possible!”
Ro Tarantino's preferred medium is oil on canvas or linen using the painting technique alla prima in which the artist applies paint to the canvas in one sitting. She also uses the indirect method of painting that involves underpainting areas of dark and light. Ro considers herself a late bloomer as a serious artist. She had picked up a sketch pad or paintbrush occasionally over the years, but after the loss of a family member, she began to paint to help cope with the loss. As she feverously poured her energy into painting - many nights until the wee hours, her artistic surge began to produce 4 to 5 paintings a week. Ro is inspired by the techniques of the old masters such as Bouguereau, Sargent, along with impressionists like Monet. She will paint just about any subject that inspires her or helps her grow and improve, but mostly enjoys still life, fruit, and sunflowers. Ro has opened a gallery along with her working studio called Majestic Art Gallery, which sits in a beautiful 100-year-old building that stands alone in the middle of Mission Hills in San Diego!
In May a bland white wall was transformed into a beautiful mural by artist, Beata Wojick.

Butterflies: 
Jacob Kellog 
Chandra Deal 
Lauren Papworth

Stop by Sophie's Gallery and take a selfie at our new mural, the Butterfly Selfie Mural. It was a collaboration between SMSC, Por Favor Restaurant and the El Cajon Downtown Business Partners and is located behind Sophie's Gallery in Arts Alley, the alley between Rea Avenue and Main Street. The next time your in the area stop by and awaken your inner butterfly!
EXPLORING DIVERSITY
PARK AND RECREATION MONTH

Visit the national and state parks around San Diego County during National Park and Recreation Month. Our parks help restore people from the stress of day-to-day challenges, as being in nature helps to center the mind and increase your sense of well-being. Visiting our national and state parks can foster a sense of community and shared identity that helps build community and sustain our identity as Americans.

https://www.nps.gov/aboutus/index.htm

Anza-Borrego Desert State Park
Cabrillo National Monument
Sunset Cliff State Park

Health benefits
Physical activity
Health equity
HAPPY BIRTHDAY!

JULY 2022

ADAM ALVAREZ
THOMAS BLUE
MONICA BURNS
LASHAUN BYNES
CODY CABLE
GRETCHE Cameron
BETSY CORY
MADELINE DAVIS
JOHN DONOVAN
KATELYN FLOYD
DANIEL GIBSON
ROBERT GIBSON
SAMIR HALLAC
KELLY HAMILTON
MEGAN HINMAN
MAEVIS HUTSON
MELVIN ISAACS
CAMARAN JOHNSON
DEBBIE LOPEZ
TREVOR MILLS
ROBERT MILAN
MORGAN MULYANEY
LEE NAPIER
SCOTT NIELSON
NORINE O`BOYLE
ANTHONY OLIVE
JEAN POUTOUS
TYLER RODRIGUEZ
ERIKA SHEEDLO
ROBERT SHUGERT
BRIAN SHROYER
JACOB SORENSON
YOLANDA TKACIK
BLAKE THOMPSON
July 1st Pizza, Caesar salad, 4th of July dessert

July 4th Holiday SMSC CLOSED
July 5th Shrimp alfredo pasta, garlic bread, salad
July 6th Grilled chicken teriyaki rice bowl, stir fry vegetables
July 7th Ground beef tostada, refried Beans, Spanish rice
July 8th Pizza, garden salad

July 11th BBQ pulled pork, mac & cheese, coleslaw, roll
July 12th Beef Mongolian stir fry
July 13th Chicken fajitas, refried beans, Spanish rice
July 14th Greek gyro pita sandwich, fried zucchini
July 15th Pizza, cucumber tomato salad

July 18th Ground beef tostada, refried beans, Spanish rice
July 19th Roasted pork loin with apple glaze over mashed potatoes, green beans
July 20th BBQ chicken, coleslaw, baked beans
July 21st Shrimp fajitas, black beans, Spanish rice
July 22nd Pizza, garden salad

July 25th Pineapple chicken stir fry, steamed rice
July 26th Spaghetti and meatballs, Caesar salad
July 27th BBQ Swiss mushroom cheeseburger, tater tots
July 28th Enchiladas, black beans, Spanish rice
July 29th Pizza, garden salad