DECEMBER • 2021
A PERSON CENTERED NEWSLETTER PRODUCED BY ST. MADELEINE SOPHIE’S CENTER STUDENTS
Edited in the Theresa & Edward O’Toole Foundation Adaptive Computer Learning Center
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Welcome to SMSC!
New Students:
Heather Matthews
Sara Maupin
Thomas Mladosich
Brian Pierce
Christina “Lonnie” Rodriguez

Warm Winter Wishes!
SMSC Closed
December 24, & 27, 2021
Sophie’s Gallery PRESENTS
2021 Wings & Snow:

Winged Wonderland

December 10, 2021
5-8 PM

Winter-inspired woodland & songbird seasonal paintings from Sophie’s Gallery in-person and virtual classes. Shop our holiday plant, giftware, and décor collection!

Live music by Fred Benedetti

The Dove of the Heart © Anthony Warlow 2021

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Save the Date

Tea by the Sea
SATURDAY
JANUARY 22, 2022

The Marine Room
ELEGANT DINING ON THE SURF
11:00AM - 2:30PM
SMSC Holiday Dance Party

When? December 17th, 2021
What Time? 12:00 PM – 2:00 PM
Where? Zoom Virtual Class
What is the meeting ID? 938 8698 4572
What is the meeting password? No Password!

Log in to see Santa wish everyone
Happy Holidays at 1:00 PM

SMSC is celebrating 55 years of making a meaningful difference in the lives of persons with intellectual and developmental disabilities!
What My Family Means to Me

By: Cali Williams

I love my family so much, they are wonderful in my opinion. We take care of each other and can be very protective when we want to be. One thing for sure, we can depend on each other as there is a place in our hearts for each other! No matter how life goes we can make each other laugh. We really care that’s just how we are. When it comes to family there’s nothing that can keep us apart. just knowing that our love will always brighten the light in a room with our smiles. We know when someone is in need of help and are ready to give a helping hand when we need to do so. That’s what my family means to me.
Hello again, I am Anthony Wardlow. I like to talk to you about public transportation and the Pronto Card. What is public transportation and how does help you get around? The Answer is that public transportation is provided by a government or local agency to get from A to B at an affordable cost to use a city bus, trolley, or a commuter train. Private transportation where you use your own car, bike, or other means of travel. Public transportation is a less costly way to travel compared to driving your car which you alone will need to pay for gas out of your pocket, unless your you bike to work! Carpool is cheaper, but the catch is everybody chips in to pay for gas that is use during the trip! So, if you use those alternatives to travel to where ever you go to, it will cost a little extra to use that form of travel! If you don’t have those alternatives, then public transportation is your best bet to get around at a low cost. So that is where a discount Pronto Card comes in handy for those who are seniors, those who have a disability, or both. To get a reduced cost Pronto Card you need get in touch with Social Security to get a paper showing that you get benefits from them. You will also need an ID, plus $25 (dollars) to pay for the Pronto Card. Before you do this make sure Regional Center is not buying a monthly bus pass for you, otherwise you are wasting money. The Regional Center has a rule for those who are funded for a monthly bus pass or those who get a ride to work. Regional Center can only fund one option for public transportation. If you get a bus pass, Regional Center will not fund your ride to program and back home. If you get funding by the Regional Center for a ride to work and back home you would have to pay for own monthly bus pass. Till next time, see you all later and have great Christmas Holiday!
Happy Birthday

DECEMBER 2021

Shane Alberti
Mark Bridgeford
Aaron Butler
Christian Carle
Jason Carlisle
Robert Carrillo
Candace Cawthon
Joel Clark
Jerry Cotton
Carlo DeLaTorre
Wallace Frisch
Bianca Gomez
Robert Goodman
Mark Graff
Olivia Gross
Conner Hauer
Teresa Hawley
Shannon Hoffarth
Jacob Kellogg
Aaron Kevane
Deseray Lee
Ramona Lee
Charlie Lizarraga
Francisco Mendoza
Mark Miller
Dulce Moreno
Brandon Prodzinski
Guadalupe Sandoval
Stevenson Sapper
Jeffery Seems
Phillip Seramur
Stephen Sorenson
Adam Sziebold
Debra Tarr
Angela Thomas
Kristina Van Gelder
Chris Ware
Dec 1st Mole chicken over spinach rice w/ fried tortilla strips
Dec 2nd Bacon BBQ cheeseburger, tater tots
Dec 3rd Grilled ham and cheese sandwich w/ cream of chicken soup

Dec 6th Beef chili w/ honey butter cornbread
Dec 7th Spaghetti w/ Italian sausage, garlic bread & side garden salad
Dec 8th Barbacoa tostadas, cilantro lime rice, black beans
Dec 9th Chicken chow Mein w/ fried wonton noodles
Dec 10th Balsamic grilled chicken, herbed rice, zucchini

“Holiday food fest week”
Dec 13th Cranberry Pork loin, over yams, roasted broccoli, pecan pie
Dec 14th Apple glazed chicken over mashed potatoes, w roasted vegetables gingerbread man cookie *vegetarian option available*
Dec 15th Glazed honey ham, mac, and cheese, brussels sprouts, apple streusel pie
Dec 16th Beef Tamales, Spanish rice, refried beans, buñuelos
Dec 17th Roasted turkey, stuffing, green beans, eggnog cupcake
*vegetarian option available*

Dec 20th Garlic shrimp stir fry over jasmine rice
Dec 21st Lasagna roll, garlic bread, side Caesar salad
Dec 22nd Enchilada, Refried beans, Spanish rice
Dec 23rd Greek chicken wrap, potato chips
Dec 24th Holiday Off

Dec 27th Holiday off
Dec 28th KFC style popcorn chicken bowl
Dec 29th Chorizo, refried beans, flour tortillas
Dec 30th Masala chicken over pasta w/ side garden salad
Dec 31st Hoisin grazed pork chop over mashed potatoes, green beans
*vegetarian option available only for vegetarian staff and students
Universal Human Rights Month is an annual celebration during the month of December. This month and every month to follow, people all across the globe are encouraged to come together and stand up for equality, justice, and the dignity of all humans. December is a time to honor the Universal Declaration of Human Rights, an international document stating the basic rights and fundamental freedoms to which all human beings are entitled. These rights include freedom from discrimination, the right to equality, and the right to be considered innocent until proven guilty.