I always loved Halloween growing up and my mom would make some pretty good costumes for me. One that stood out was in the 70’s I had a Dracula costume that could have been in the movies it was so good! My sister Joan made me a beautiful angel costume one year with big feathered wings and she did a great job! It was Beautiful! I’m very creative and I have made a lot of costumes myself. One year my niece Linda said to me, I want you be Frankenstein so I can do your make up. It took an hour and she wouldn’t let me see myself until she was done. OMG when I looked in the mirror I was in shock! It was GREAT! I think I won first prize at St. Madeleine’s Halloween dance. I’ve been Billy Idol, Colonel Sanders KFC, Creature from the Black Lagoon, a mad scientist, and a hot dog last year. This year maybe a Jedi from Star Wars!
Joel Clark likes to take photographs of things that he finds interesting. Here's what he said about his recent snapshot, "I'M AT HARRY GRIFFIN PARK. I HOPE YOU LIKE THIS PICTURE!"

Do you have a photograph to share in the Gazette? Send it to kgonzales@stmsc.org or text: 619.654.3679!

Hi, my name is Erika Lily Sheedlo. I have been going to St. Madeleine's for almost 7 years. I have many friends at St. Mads! My favorite classes are music therapy, art at Sophie's Gallery, and gardening. I just started taking the journalism class. Since this is my first article, I want to tell you about myself. I moved from Virginia in 2012. I was nervous about moving to California but I have more friends now than ever. I love bowling, miniature golf, soccer, movies, plays, coloring, church, word searches, and hanging out with friends. I like going to the Padres games too. I love rollercoasters. I love my family, friends, and my dog Coco Puff. Say hi to me when you see me at St. Mads!
Sam Dupree
Movie Playlist

- Dumbo 1941
- The Many Adventures of Winnie the Pooh 1977
- Lady and the Tramp 1955
- 101 Dalmatians 1961
- Quest for Camelot 1998
- Gremlins 1984
- Dick Tracy 1990
- The Rocketeer 1991
- Batman Forever
- Batman and Robin 1997
- Steel 1997
- Space Jam 1996
- Tarzan 1999
- Dinosaur 2000
- Atlantis: The Lost Empire 2001
- The Incredibles 2004
- Who Framed Roger Rabbit 1988
- Tron 1981
- The Black Hole 1979
- The Original Star Wars Trilogy 1977-1983
- The Indiana Jones trilogy 1981-1989
- ET: The Extra-Terrestrial 1982
- Willow 1988
Coleen loves making art and recently worked at Sophie’s Gallery to create a painting commissioned by the German American Societies of San Diego for their El Cajon Oktoberfest event poster. Coleen was invited to attend the annual 2021 Kraemer Endowment Donor Dinner, where guests were given greeting cards reproduced with her artwork. They are also for sale at Sophie’s Gallery!
Everyone Welcome to

Oktoberfest
in El Cajon

Sept. 24-26 & Oct. 1-3, 2021

Fridays 4-10pm
Saturdays 12-10pm
Sundays 12-9pm

Admission:
Adult $15
Fridays & Saturdays
$5 Sundays

Active Military &
Under Age 21
admitted FREE

Convenient curbside
drop off and pick up
zone. Using a
ride share or taxi
from home or
transit center is
encouraged!

Online ticket purchase
options available:
www.oktoberfestelcajon.com

Oom-Pah music performed by Germany's own Guggenbach-Buam!
Raffle Drawings - Grand Prize: Round-trip flight for two to Germany!
Dancing • Contests • Vendor wares for the entire family!
Huge selection of German beers, food and desserts!
Enjoy the indoor bar inside the Clubhouse!!
Alcohol-free Kid's Zone with games and crafts!

German American Societies
1017 S. Mollison Avenue, El Cajon • 619-442-6637
www.OktoberfestElCajon.com
Halloween in Hollywood
A night of dancing with the skeleton stars

Date: Friday October 22nd
Time: 5:00 PM – 7:00 PM

Virtual Dance Zoom Info
Meeting ID: 983 8698 4572
No Password Required

Costume Contest
1. Most Spirited Dance Moves
2. Group Costume
3. Unique/Original Costume
4. Homemade Costume
SAVE THE DATE

SAN DIEGO PEOPLE FIRST
2022 CONFERENCE

Registration Opens
January 2022

* Subject to change contingent current COVID–19 CDC guidelines

Contact for more information:
Debbie Marshall, by E-mail: debbie.marshall@scdd.ca.gov
or Melissa Hough meberg@sdsu.edu

When: Friday, May 6th & Saturday, May 7th

***NEW LOCATION***

Where: DoubleTree Mission Valley Hotel-Hazard Center

Contact your Regional Center Service Coordinator to add a Self-Advocacy GOAL in your IPP to pay for your conference registration fee.

For more updates on the conference follow us on Facebook:
San Diego People First Self-Advocacy Conference
Happy Birthday
OCTOBER 2021

Richard Birdsong
Samantha Calderon
Anne Colburn
Ryan Crosby

Shauna Davis
Sam Dupree
Katie Ellison
Peter Feghali
Devon Hanna
Stacy Harcrow
Taylor Hitchcock
Gabriel Johnson
Grace Kennedy
Janet Leenhouts
David Longbrake
Beth Navarro
An Nguyen
Reg Oberg
Lauren Papworth
Helen Patino
Nick Perretta
Mathew Phillips
Aldo Quezada
Daniel Reaves
Christina Rodriguez
Tonja Rogers
Laura Sloan
Renee Sprague
Davie Tolley
Sheldon Wallace
Kristen Woldt
Tyler Zito
SMSC Menu

October

Oct 1st Waffles, scrambled eggs, breakfast sausage w/ fresh fruit
Oct 4th Grilled pork loin over garlic mashed potatoes green beans
Oct 5th Chicken chop suyg over steamed white rice
Oct 6th Beef tostada, Spanish rice, refried beans
Oct 7th Alfredo pasta, side salad, garlic bread
Oct 8th BBQ chicken wrap sandwich, pasta salad

Oct 11th Beef chili, jalapeno corn bread
Oct 12th Pollo con crema over Spanish rice
Oct 13th Orange chicken over fried rice, fried wonton noodles
Oct 14th Grilled lemon chicken, herbed mashed potatoes, roasted vegetables
Oct 15th Pepperoni pita pizza, Garden salad

Oct 16th Cheese enchilada, Spanish rice, black beans
Oct 19th Chicken and green bean stir fry over rice, fried wonton noodles
Oct 20th Eggplant parmesan, butter noodles, garlic bread side garden salad
Oct 21st Country fried steak gravy, mashed potatoes, and broccoli
Oct 22nd Greek chicken gyro, French fries

Oct 25th Lemon herb cod over rice pilaf, sautéed vegetables
Oct 26th Sweet and sour chicken over steamed white rice
Oct 27th Mushroom Swiss cheeseburger, tater tots
Oct 28th Tinga tacos, black beans, Spanish rice
Oct 29th Beef stew, corn bread Halloween cupcake
National Disability Employment Awareness Month was declared in 1988 by the United States Congress for the month of October to raise awareness of the employment needs and contributions of individuals with all types of disabilities.

St. Madeleine Sophie’s Center honors the uniqueness of people with intellectual and developmental disabilities by focusing on their abilities through our Supported Employment Program. SMSC’s services are aimed at finding competitive work in a community integrated work setting with ongoing support services to learn and perform the work with on the job training to help them learn the necessary skills to work independently.