What to expect when I go back to program
This story is about what I can expect when I go back to program at St. Madeleine Sophie’s Center.

There have been a lot of changes in the world because of Coronavirus. When I go back to program, there will also be new changes to make sure that I am staying safe and healthy.
But don’t worry! the staff at St. Madeleines will remind me of all the things I need to do. I can review all the new changes now so that I can be prepared!

Even though we can’t see the virus, we can use healthy habits and work together to make sure it doesn’t spread.

When I go back to program, I will have to do new things to make sure my friends and I are staying safe and healthy.
1) I wash my hands and use hand sanitizer frequently

2) I keep my personal space 6ft. social distancing

3) I wear my mask all day except when I eat

4) I leave my backpack and lunch box at home
Washing my hands helps prevent me from spreading my germs. When I wash my hands, I use soap and water and wash for at least 20 seconds!

I can sing the Happy Birthday song when I wash my hands to make sure I’m washing them long enough.

1) When I go back to program, I will have to WASH MY HANDS frequently
1) When I go back to program, I will have to use HAND SANITIZER frequently.

Using hand sanitizer helps prevent me from spreading my germs. When I use hand sanitizer, I will rub it in to my hands until my hands are dry!

There will be special hand sanitizer stations, like this one, set up all over campus that I can use.
I will be very excited to see my friends and staff at program and I may want to give them a big hug or high five! But I need to remember to keep my personal space so that we don’t spread our germs. I can wave at them or give them a thumbs up instead!

2) When I go back to program I will KEEP MY PERSONAL SPACE by staying 6 ft. away.
3) When I go back to program, I will have to wear a FACE MASK.

People wearing face masks may look a little scary because it is hard to know who they are. But wearing a face mask is like wearing a costume on Halloween!

Our friends are still the same underneath the mask. Wearing a mask is important because it helps us from spreading germs.
4) When I go back to program, I need to LEAVE MY BACKPACK AND PERSONAL THINGS AT HOME

When I go back to program, the staff at St. Madeleines will have everything I need.

Even though I like having my backpack with me, I will need to leave it so that I don’t bring anything from home that could make my friends sick. This will help keep everyone safe and healthy!
Mike will be making delicious lunches in the kitchen when I am at program, so I don’t have to worry about bringing lunch!

But if I need to bring my own lunch, I can bring it in a disposable bag that can be thrown in the trash after lunch time.
Next, I will learn about the new things that will happen when I get picked up on the bus and about the Check in Stations when I arrive at program.
If I get picked up on the bus to go to program:

**FIRST**

I will get my temperature checked

**THEN**

I can get on the bus!
1. **Stand in line on the waiting feet**

   If everyone stands on their own pair of feet, we can keep our personal space.

2. **When it is my turn, I will move up to the Check in Station**
When it is my turn at the Check in Station:

**FIRST**

I will get my temperature checked

**THEN**

I can start my day at program!
If I don’t follow these healthy habits or if my temperature says I may be sick, someone will help me go back home.

This doesn’t mean staff at program are mad at me. This is to make sure that I can get better at home before returning to program.
Even though there are many new changes at St. Madeleines, everyone is there to help remind me of what I need to do!

It’s good to remember that these changes are happening so that my friends and I can stay safe and healthy!